



Virginia Beach Master Gardeners 2021 Gardening Talks

February 22

Warm Season Turfgrasses

Adam Nichols, Research Manager, Turfgrass & Weed Sciences, HRAREC

We will focus on the different types of warm season turfgrasses that grow in Virginia Beach, getting them established, their growing requirements, and maintaining each of them.

March 22

Urban Vegetable Gardening

John Wilson, Farmer John of Capstone Creations in Virginia Beach

This talk will discuss the importance of urban agriculture in our future including ways to improve your own garden fertility and harvesting over a longer period of time.

April 19

Nonchemical and Organic Methods to Control Pests and Weeds

Dave Lawson, Branch Manager, Landscape Supply of VA

We will take a look at alternatives to synthetic pesticides including nonchemical and organic controls. We will learn if nonchemical methods are organic, what "organic" actually means, and what products may be available and how those products work.

May 17

Tech-savvy Gardening

Andrea Davis, VB VCE Extension Agent

Gardeners use all kinds of tools & our digital world regularly offers new tools to acquire gardening information. There are many apps and online resources, but which ones are best? Learn more about reliable online gardening resources.

August 16

Gardening Ergonomics

Dr. Natalie Foret, PT, DPT, MTC, CMTPT

Join Dr. Natalie Foret, for an educational seminar about gardening ergonomics. For all scenarios in the garden, she will discuss proper form and proper use of body mechanics to protect back, knees, hips, shoulders. In addition, she will review considerations on how to modify to improve ease with gardening and techniques for those who already have an issue or pain. Lastly, Dr. Foret will recommend exercises for building a stronger core and stretches to improve mobility.

October 18

Sex and the Single Flower

Sherry Kern, VCE Virginia Beach Master Gardener

Have you seen a fig's flowers? How can you tell the sex of a plant? How many trees are needed for red oaks to reproduce? Answers to these questions and more can be found as we take a look at both familiar and unfamiliar ways and interesting and weird ways that plants propagate their species.

Gardening Talks are free
and open to the public.
No registration required.

All Gardening Talks presented 7 - 8pm via Zoom. Join a talk at vbm.org.



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